



To Start

Rabbit Liver	12.90
Pan Fried Rabbit Liver, Focaccia, Caramelised Onions, Rabbit Jus	
Corn Fed Chicken Gyoza (5pc)	10.90
Gyoza Sauce, Crushed Peanut Sauce	
Pork Dumplings (5pc)	9.90
Scallions, Sesame Seeds, Yuzu Dressing	
Prawn Spring Roll	11.90
Prawn, Shredded Vegetables, Spicy Mayonnaise	
Corn Fed Pulled Chicken Spring Rolls	10.90
Chicken Thighs, Shredded Vegetables, Sesame Dressing	
Seasonal Vegetable Spring Rolls (V)	9.90
Vegetables, Rice Noodles, Ponzu Dressing	
Polpetta Amatriciana (3pc)	13.90
Pork Meatballs, Guanciale, Basil, Pecorino Romano, Tomato Sauce	
Jack Daniel's BBQ Chicken Wings	10.90
Chicken Wings, Smoked Jack Daniel's BBQ Sauce	
Impepata di Cozze	13.90
Fresh Mussels, Cherry Tomatoes, Garlic, Fresh Herbs, White Wine	
Crispy Calamari	12.90
Fried Calamari, Garlic, Herbs, Tartar Sauce	
Cheese Loaded Nachos (V)	9.90
Crispy Nachos, Guacamole, Mexican Salsa, Sour Cream, Cheese Sauce, Jalapeños	
Suggested Addition: Chilli Con Carne €3.95	



Signature Rolls (8pcs)

King Kong Roll	14.90
Salmon, Tuna, Crabstick, Sweet Mayonnaise, Teriyaki Sauce, Panko	
TSS Roll	13.90
Prawn Tempura, Crabstick, Avocado, Masago, Sweet Mayonnaise	
Goldring Roll	13.90
Unagi, Avocado, Asparagus, Cream Cheese, Mango, Spicy Mayonnaise	

Sashimi per piece

Salmon	Tuna	Seabass
Shrimp	Unagi	
2.20		

Nigiri per piece

Salmon	Tuna	Seabass
Prawn	Unagi	
2.20		

Uramaki Special Rolls (8pcs)

Sake Roll	12.90
Salmon, Avocado, Cream Cheese, Green Masago	
Suzuki Roll	13.90
Salmon, Sea Bass, Cucumber, Spring Onion, Wakame, Thai dressing	
California Roll	12.90
Crabstick, Avocado. Orange Masago, Mayonnaise	
Osaka Roll	13.90
Fried Prawn, Steam Prawn, Sweet Potato, Asparagus, Cream Cheese	
Volcano Roll	13.90
Prawn Tempura, Asparagus, Sesame Seeds, Volcano Sauce	
Fire Roll	13.90
Prawn Tempura, Avocado, Cucumber, Tuna Tartare, Scallions, Crumbs, Spicy Sweet Sauce	
Spicy Tuna Roll	12.90
Tuna, Avocado, Cucumber, Spring Onion, Crumbs, Spicy Sauce	
Chicken Teriyaki Roll	12.90
Chicken, Cucumber, Bell Pepper, Avocado, Teriyaki Sauce, Sesame Seeds	
Dragon Roll	13.90
Fried Prawn, Avocado, Cream Cheese, Masago, Teriyaki Sauce, Spicy Mayonnaise,	
Ebi Furai Roll	13.90
Fried Prawn, Pistachio, Sweet Potato, Sweet Mayonnaise	
Crazy Prawn Roll	13.90
Prawn Tempura, Crabstick, Avocado, Chives, Crumbs, Cream Cheese, Spicy Mayonnaise,	
Sea Dream Roll	12.90
Salmon, Cucumber, Marinated Sea Bream, Spring Onion	
Spicy Salmon Roll	12.90
Salmon, Cucumber, Spring Onion, Sesame Seeds, Spicy Sauce	
Smoked Salmon Roll	12.90
Smoked Salmon, Avocado, Asparagus, Crabstick, Cream Cheese, Teriyaki Sauce	
Vegetarian Roll (V)	11.90
Avocado, Sweet Potato, Cucumber, Asparagus, Mango	
Gyu Roll	13.90
Beef, Misticanza, Avocado, Fried Onion, Teriyaki Sauce	



Greenhouse Sushi Platters

Sashimi & Nigiri Platter (12 Pcs)	24.90
2 pcs Salmon Nigiri, 2 pcs Salmon Sashimi, 2 pcs Tuna Nigiri, 2 pcs Tuna Sashimi, 2 pcs Ebi Nigiri, 2 pcs Unagi Nigiri	
Sakura Platter (16 Pcs)	26.90
8 pcs Crazy Prawn, 4 pcs California rolls, 2 pcs Salmon Nigiri, 2 pcs Tuna Sashimi	
Kanso Platter (20 Pcs)	31.90
2 pcs Unagi Nigiri, 4 pcs Suzuki Roll, 2 pcs Ebi Nigiri, 8 pcs Spicy Salmon, 2 pcs Tuna Sashimi, 2 pcs Salmon Sashimi	
Takumi Platter (24 Pcs)	39.90
2 pcs Unagi Nigiri, 8 pcs Vegetarian, 2 pcs Ebi Nigiri, 8 pcs Spicy Salmon, 2 pcs Tuna Sashimi, 2 pcs Salmon Sashimi	
Pacific Platter (32 Pcs)	55.90
8 pcs Fire Roll, 4 pcs Salmon Nigiri, 8 pcs Sake Roll, 4 pcs Tuna Nigiri, 8 pcs Gyu roll	

Healthy Corner

Crispy Beef	15.90
Beef Tempura, Sweet Chilli & Soya Glaze, Mix Lettuce, Stir-Fry Vegetables, Feta Cheese, Toasted Peanuts	
Greek Salad (GF) (V)	13.90
Cherry Tomatoes, Mix Lettuce, Cucumber, Red Onions, Olives, Bell Peppers, Feta Cheese, Olive Oil	
Suggested Addition: Grilled Chicken Thigh €3.95	
Honey Roasted Salmon	15.90
Roasted Salmon, Mix Lettuce, Olives, Cherry Tomatoes, Croutons, Capers, Red Onions, Honey Mustard Dressing	
Grilled Chicken Avocado	15.90
Chicken Thigh, Avocado, Mix Lettuce, Parmesan Shavings, Cherry Tomatoes, Walnuts, Yoghurt Dressing	
Honey & Thyme Chicken Cous Cous Salad	15.90
Grilled Chicken Thigh, Cous Cous, Chickpeas, Bell Peppers, Cucumber, Cherry Tomatoes, Olives, Feta Cheese, Honey & Mustard Dressing	
TOPPINGS WILL NOT BE REPLACED & REMOVED ITEMS WILL NOT BE REFUNDED	

“Nourish your body,
delight your taste buds.”



Poke Bowl

Spicy Tuna	15.90
Sushi Rice, Tuna, Avocado, Cucumber, Edamame, Mango, Seaweed Salad, Spicy Mayonnaise, Masago, Thai Dressing	
Thai Salmon	15.90
Sushi Rice, Raw Salmon, Avocado, Cucumber, Edamame, Cherry Tomatoes, Mango, Sweet Mayonnaise, Thai Dressing	
Honey Sriracha Chicken	15.90
Sushi Rice, Cucumber, Edamame, Mango, Cherry Tomatoes, Carrots, Thai Dressing	
Beef Mushroom Teriyaki	15.90
Sushi Rice, Beef, Cucumber, Carrots, Pineapple, Mushrooms, Fried Onions, Thai Dressing	
Vegetarian (V)	14.90
Sushi Rice, Avocado, Mushroom, Cucumber, Edamame, Carrots, Pineapple, Misticanza, Donburi Sauce	

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SNAP, TAG & FOLLOW !!



thegreenhousemalta



The Greenhouse - Malta

ORDER DIRECTLY ONLINE
FROM OUR WEBSITE / MOBILE APPS



thegreenhouse.com.mt



(GF) Gluten Free (V) Vegetarian

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Handcrafted Fresh Pasta

Traditional Ricotta Ravioli	12.90
Ricotta Stuffed Ravioli, Cherry Tomatoes, Basil, Tomato Sauce	
Spaghetti Carbonara	13.90
Guanciale, Pecorino Romano, Black Pepper, Egg Yolks	
Risotto Marinara	17.90
Carnaroli Rice, Mussels, Clams, Prawns, Calamari, Garlic, White Wine, Soft Herbs, Prawn Bisque	
Spaghetti Cozze	13.90
Fresh Mussels, Cherry Tomatoes, Chili, White Wine, Garlic, Soft Herbs, Olive Oil	
Tagliatelle Al Sugo Di Polpo	16.90
Octopus Ragu, Olives, Capers, Cherry Tomatoes, Fresh Mint	
Mezzo Pacchero Pollo e Chorizo	14.90
Chicken, Chorizo, Peppers, Blue Cheese, Brandy, Garlic, Toasted Walnuts, Cream	
Ravioli con Coniglio	15.90
Rabbit Stuffed Ravioli, Mushroom Ragu, White Cream, Thyme, Gbejna, Tomato Sauce	
Beef Chow Udon Noodles	15.90
Beef Strips, Stir-Fry Vegetables, Egg Noodles, Stir-Fry Sauce	
Risotto Porcini Al Tartufo (GF) (V)	14.90
Carnaroli Rice, Mushroom Ragu, Truffle Paste, Grana Padano, Cream	
Tagliatelle Zucchini Gamberi & Guanciale	16.90
Guanciale, Courgetts, Prawns, Cherry Tomatoes, Garlic, Prawn Bisque	

Gluten Free Pasta / Brown Pasta Available €2.50
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Gourmet Burgers

Cheesy Cheese	18.90
Flamed Grilled Beef Patty, Double Mature Cheddar, Lollo Bianco, Tomatoes, Gherkins, Raw Onions, Cheese Fondue, Burger Sauce	
Holy Smoke Roll	16.90
72hr Smoked Pulled USDA Brisket, Caramelized Onions, Texas BBQ Sauce, Smoked Cheddar, Mustard Mayonnaise	
The Greenhouse Hungry Charlie	18.90
Flamed Grilled Beef Patty, Bacon, Cheddar Cheese, Egg, Mushrooms Ragu, Lollo Bianco, Tomatoes, Gherkins, Onion Rings, Burger Sauce	
Chicken & Bacon	16.90
Southern Fried Chicken Thigh, Bacon, Lollo Bianco, Feta Cheese, Caramelized Onions, Gherkins, Coleslaw, Burger Sauce	
Portobello Burger (V)	13.90
Portobello Mushrooms, Falafel, Lollo Bianco, Tomatoes, Hummus, Red Onions, Burger Sauce	
Frankfurter Würstchen “HotDog”	17.90
Smoked Pork Sausage, Sauerkraut, Coleslaw, Mustard Mayonnaise	
Double Catch	15.90
Breaded Perch, King Prawn, Lollo Bianco, Beef Tomato, Pickle Red Cabbage, Thai Mayonnaise	
“Beat The Beast”	39.90
Flamed Grilled Beef Patty, Grilled Chicken Thigh, BBQ Brisket, Bacon, Cheddar Cheese, Tomato, Caramelized Onion, Coleslaw, Lollo Bianco, Onion Rings, Burger Sauce	

Gluten Free Buns Available €1.50

All Burgers are Served with Artigianale Brioche Bread & Rustic Fries

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The GREENHOUSE



From The Wood Burning Pizza Oven

Regina Margherita (V)	9.50
Mozzarella Fior Di Latte, Tomato Sauce, Basil, Olive Oil	
Focaccia Bufala Pomodoro (V)	12.90
Crispy Focaccia, Rucola, Bufala Mozzarella, Tomato Fondue, Basil Pesto, E.V.O.O	
San Daniele	13.90
Mozzarella Fior Di Latte, Tomato Sauce, Parma Ham, Cherry Tomatoes, Aged Parmesan Shavings, Olive Oil	
La Burrata	14.90
Crispy Focaccia, Burrata, Parma Ham, Rucola, Parmesan Shavings, Cherry Tomatoes	
Mortadella Pistachio Burrata	17.90
Mozzarella Fior Di Latte, Tomato Fondue, Burrata, Pesto di Pistachio, Mortadella, Rucola, Crushed Pistachios	
Capricciosa	13.90
Mozzarella Fior Di Latte, Tomato Sauce, Roast Ham, Mushrooms, Artichokes, Egg, Black Olives, Oregano, Olive Oil	
La Calabrese	12.90
Mozzarella Fior Di Latte, Tomato Sauce, Spicy Salami, Sautéed Onions	
Norma (V)	12.90
Tomato Sauce, Fried Aubergine, Roasted Cherry Tomatoes, Ricotta Salata, Basil Suggested Addition: Roast Chicken €2.95	
Funghi Tartufata	16.95
Mozzarella Fior Di Latte, Crema di Tartufo, Burrata, Sautéed Field & Forest Mushrooms Ragu, Truffle Infused Honey Suggested Addition: Parma Ham €2.95	
Al Tonno	12.90
Mozzarella Fior Di Latte, Tomato Sauce, Tuna, Black Olives, Red Onion, Sundried Tomato, E.V.O.O	
Smoked Streaky BBQ Chicken	13.90
Mozzarella Fior Di Latte, Chicken, Roast Peppers, Sautéed Onions, Cherry Tomatoes, BBQ Sauce, Basil, Olive Oil	
Meat Feast	16.90
Mozzarella Fior Di Latte, Tomato Sauce, Spicy Salami, BBQ Chicken, Roast Ham, Maltese Sausage, Roasted Peppers, Sweetcorn	
Fantasia Di Formaggi (V)	14.90
Mozzarella Fior Di Latte, Gorgonzola, Smoked Cheddar, Philadelphia Cheese, Feta Cheese Suggested Addition: Spicy Salami €2.95	
Hawaiian	14.90
Mozzarella Fior Di Latte, Tomato Sauce, Parma Ham, Pineapple	
Gozitana	13.90
Mozzarella Fior Di Latte, Tomato Sauce, Maltese Sausage, Sliced Potato, Anchovies, Caponata, Gbejna, Olives, Capers	
Norvegese	16.90
Mozzarella Fior Di Latte, Smoked Salmon, Prawns, Anchovies, Asparagus, Caviar	
Bacon & Sausage	15.90
Mozzarella Fior Di Latte, Tomato Fondue, Sausage, Bacon, Egg, Mushroom	
Mexicana (SPICY)	16.90
Mozzarella Fior Di Latte, Tomato Sauce, Chilli Con Carne, Jalapeno, Roasted Peppers, Nachos, Cream Cheese	

Add Extra Ingredients
1.50 (per item)

Add Extra Ingredients
Parma Ham, Grana Padano, Chicken, Cold Cuts
2.95 (per item)

Add Extra Ingredients
Mozzarella di Bufala, Burrata
4.95 (per item)

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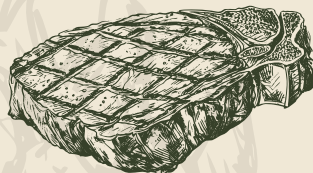


Main Course

Seabass Fillet Al Cartoccio	24.90
Whole Seabass Filleted, Prawn Bisque, Clams, Mussels, Olives, Capers, Cherry Tomatoes, Soft Herbs, Roasted Veg	
Pork Neck Tagliata (GF)	23.90
Pork, Mushroom Ragu, Baked Burrata, Caramelized Apples	
Jack Daniel’s BBQ Full Rack Of Pork Ribs (GF)	24.90
Slow-Cooked Ribs, Sweet Jack Daniel’s BBQ Sauce, Coleslaw, Corn On The Cob	
Chicken Mushroom & Pesto	21.90
Chicken Thigh, Mushroom Ragu, Basil Pesto, Cream, Roast Vegetable	
Chilli Con Carne	22.90
Beef, Kidney Beans, Tomato Sauce, Spices, Coriander, Pico de Gallo, Rice	
Herb Crusted Salmon	23.90
Salmon Fillet, Herbs Crust, Barley, Stir-Fry Vegetables, Tomato Fondue	
Chicken Curry	22.90
Slow Cooked Chicken, Aromatic Jasmine Rice, Bread, Pickles, Traditional Curry Sauce	
Grain Fed Beef Tagliata 350g (GF)	25.90
Grain Fed Beef Ribeye 300g (GF)	31.90
Grain Fed Beef Fillet 250g (GF)	36.90
Minted Lamb Chops (GF)	24.90

All Main Courses are served with Roast Potatoes or Chips

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To Share Or Not To Share

Meat Challenger (minimum 2 persons)	37.50 pp
Chicken Thighs, Mixed Sausages, Tagliata, Lamb Chops, Chips, Onion Rings, Corn On The Cob, Garlic Mushrooms, <i>Including 2 Types of Sauces</i>	
Mix Grill Of Fish (minimum 2 persons)	35.50 pp
Grilled Calamari, Prawns, Mussels, Clams, White Bait, Grilled Sea Bream, Lemon Butter Sauce	
Tomahawk (GF)	74.90
Char Grilled Tomahawk Approximately 1.2kg, <i>Including 2 Types of Sauces</i>	
T-Bone (GF)	84.90
Char Grilled T-Bone Approximately 1.2kg, <i>Including 2 Types of Sauces</i>	
Grain Fed Tagliata 1kg (GF)	69.90
Char Grilled Grain Fed Beef Tagliata, <i>Including 2 Types of Sauces</i>	

All the above are served with Roast Potatoes or Fries & Seasonal Vegetables or Salad

Side Dishes

Truffle Fries	4.90
Fries	3.50
Onion Rings	3.90
Pepper Sauce	3.50
Mushroom Sauce	3.50
Blue Cheese Sauce	3.50
Roast Vegetables	3.90
Roast Potatoes	3.90
Mash Potato	4.90
Seasonal Salad	3.90

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